





## EARTH, AIR, WATER, FIRE

By Wayne Visser

I am Earth:

Grounded and mounded And moulded in clay Secret and shrouded And hidden from day

Womb am 1:

Life is seeded and sprouted And spread out in green I am fertile and febrile – The guardian unseen

I am Air:

Wispy and misty
And swirling in space
Fleeting and flirting
And moving with grace

Breath am 1:

Life is shaped and spoken And scattered in white I am ethereal, inspiring – The guardian of flight

1 am Water:

Flowing and knowing And fresh with surprise Snaking and slaking And shifting disguise

Thirst am 1:

Life is suckled and sated And swaddled in blue I am replenishing, forgiving – The guardian of new







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1 am Fire:

Burning and yearning And purging the night Forging and flashing And shedding all light

Heat am 1:

Life is sparked and stoked And flame-licked in gold I am passion, transcendence The guardian of soul

We are Earth, we are Air We are Water and Fire And the mission we share Is to quench life's desire

The message we bring Is the wisdom we keep: That we four merge to one In the love that you seek

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